## PROFESSIONAL STUDIES

The Professional Studies major enables students to develop core, essential skills that can be applied in any profession. Through major courses, students study analytical problem solving, collaborative leadership and teamwork, ethics, critical thinking, written and oral communication, intercultural understanding, and applied research. The degree program builds on students' professional experiences by utilizing practical and applied projects, so that courses are relevant to the demands of the contemporary workplace.

The Bachelor of Arts in Professional Studies is designed for non-traditional students. Courses are offered year round, in 8 week accelerated terms and online.

# Programs Bachelor

Professional Studies (Accelerated) / Bachelor of Arts (https://catalog.lewisu.edu/undergraduate/graduate-professional-continuing-education/professional-studies/professional-studies-accelerated-bachelor-arts/)

## **Courses**

#### PROF 10500 - Strategies for Lifelong Learning (3)

In Strategies for Lifelong Learning, students will study the impact of their transition back to college and the meaning of their college degree, personally and professionally. Students will analyze the connections between clarity of purpose, persistence, and success in an accelerated degree program. The course is designed to build upon and enhance students' academic skills and self-knowledge so that they will develop lifelong learning skills that can be applied in college and beyond.

#### PROF 11000 - Study Hall (0)

Study Hall is a structured opportunity for students to engage in collaborative work, consult with academic advising, and access academic and student services.

# PROF 11500 - Barriers to Bridges: Thriving in College after Incarceration (0)

This course provides academic support and community for students during re-entry so that they have the tools to be successful in college upon release. Course topics include: navigating online learning; balancing work, family, and college; stress management; academic skills; and connecting with University resources.

#### PROF 20600 - Prior Learning Assessment Portfolio Development (0)

This course offers ongoing academic support for students writing Prior Learning Assessment (PLA) Portfolios Student work is individualized and no class meetings are required. Students in the course will not be charged tuition and will not earn credit hours Class is graded on a pass/fail basis.

Prerequisite: PROF 21000 (may be taken concurrently)

## PROF 21000 - Learning from Experience: Prior Learning Assessment (3)

Students will learn to develop a Prior Learning Assessment (PLA) Portfolio for elective credit by reflecting on relevant prior experiential learning. The completed portfolio includes a table of contents, vita, letters of support, autobiographical essay, learning outcomes statements, documentation, and at least two PLA Essays, which identify what they have learned from professional and personal experience. The class meets every other week for 16 weeks, so that students have the time to produce all parts of the portfolio and are prepared to submit it for assessment at the end of the semester. Students who choose to write more than two PLA essays have one year from the end of the class in which to submit their portfolio for assessment.

Prerequisite: ENGL 11100 (may be taken concurrently)

Attributes: Experiential Learning Gen Ed

#### PROF 25000 - Computer Information Technology for Professionals (3)

Explores the role of technology in contemporary professional settings by introducing the functions of computer software and hardware, networks, the internet, and social media Applies knowledge of computer systems to work based problems and the broader context of rapid technological change A basic level of computer proficiency is a necessary prerequisite for this course.

#### PROF 26000 - Stress Management for the Working Professional (3)

This course is an introduction to the principles, theories and practices which underlie holistic stress management. The student will be introduced to stress and its consequences from a holistic health viewpoint Individual stressors will be identified. Students will actively participate in interventions that alleviate stress and promote health as well as devise a long term plan to deal with stress.

#### PROF 31000 - Critical Thinking and Information Literacy (3)

Identifies habits of thought that promote self-awareness, open inquiry, and differentiation between ideas or arguments Introduces and applies methods reflecting on assumptions and values, evaluating sources, assessing arguments, and formulating conclusions based on evidence. (Prerequisites: LU 105; LN 112)

Prerequisite: ENGL 11200 (may be taken concurrently)

#### PROF 33000 - Collaboration in Organizations (3)

Examines theories and applications of collaboration in work environments Topics include identifying individual differences in team/ group work, assessing group dynamics, and applying collaborative communication and leadership strategies.

#### PROF 34000 - Global Citizenship (3)

Examines how global interconnectedness affects local communities and professional contexts Students analyze the ways social, cultural, and economic issues transcend national boundaries and explore transnational connectedness, difference, and inequality in an applied project that promotes critical reflection Course topic will vary.

#### PROF 45000 - Capstone 1 (3)

Students develop independent projects that address professional or work-based initiatives and/or problems Topics include identifying a topic, determining appropriate sources, and writing a proposal.

Prerequisite: PROF 31000 (may be taken concurrently)

### PROF 45100 - Capstone 2 (3)

Students implement a professional or work-based project, analyze its outcomes, and assess their learning. Fulfills the Advanced Writing

Prerequisite: PROF 45000 (may be taken concurrently)